

Nora Medical Group, S.C.

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INSTRUCTIONS FOR WOUND CARE FOLLOWING SURGERY

- 1.** Remove bandage or dressing 24 hours after applied, and rinse surgical site. If the bandage or dressing is adherent (sticking to) the surgical site, please soak bandage in clean tap water, either by immersing in water or taking a shower, and gently applying pressure to remove.
- 2.** Twice daily thoroughly clean the wound by sponging with soap and clean tap water (or sterile saline).
- 3.** After each cleansing apply a coating of POLYSPORIN or BACITRACIN antibiotic ointment and cover with a clean bandage. The surgical site should be kept moist with antibiotic ointment, where as this speeds healing and minimizes scarring. **DO NOT USE TRIPLE ANTIBIOTIC OINTMENT OR NEOSPORIN OINTMENT WHERE AS MANY PEOPLE BECOME ALLERGIC TO NEOMYCIN.**
- 4. ONLY USE NON-ALLERGENIC ADHESIVE PAPER TAPE TO KEEP BANDAGE IN PLACE.**
- 5.** Adequate cleansing as described above will keep a thick scab from forming. A thick scab will impede wound healing. **DO NOT LEAVE THE SURGICAL WOUND OPEN TO THE AIR.**
- 6.** Wounds on the scalp may be left uncovered after the first day, but **MUST** be kept moist with POLYSPORIN or BACITRACIN antibiotic ointment. Wounds on all other areas of the body should be kept covered.
- 7.** If severe inflammation (redness, warmth, tenderness, or red streaks) should occur, call the doctor's office immediately at (847) 674-1200.
- 8.** **DO NOT** apply cosmetics, make-up removers, sunscreen, or moisturizers to the areas until they have completely healed.