

Nora Medical Group, S.C.

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CRYOSURGERY / LIQUID NITROGEN TREATMENT

Cryo-surgery is the treatment of lesions with the application of a cold substance, **Liquid Nitrogen**. This treatment is designed to lift off the outer layers of the skin and promote new skin to grow from the bottom up.

After treatment with **Liquid Nitrogen** you may experience a burning sensation or pain that can last up to 24 hours. This discomfort may be relieved with extra- strength Tylenol, Advil or a similar pain relief medication.

After 24 to 48 hours expect a blister to form, however, not everyone develops a blister at each cryo-therapy site. If a blister becomes large and painful it may be punctured (lanced) with a clean and sterile (flame heated) needle in order to relieve the pressure. This will speed the blister to dry up.

If a blister does develop please follow the instructions below:

Instructions for Wound Care Following Cryo-Surgery

1. Wash your hands before touching the blister.
2. Twice daily thoroughly clean the blister by sponging with soap and clean tap water, or sterile saline.
3. After each cleansing apply a coating of POLYSPORIN or BACITRACIN antibiotic ointment and cover with a clean bandage. The blister site should be kept moist with antibiotic ointment, where as this speeds up healing and minimizes scaring. **DO NOT USE TRIPLE ANTIOTBIOTIC OINTMENT OR NEOSPORIN OINTMENT, MANY PEOPLE BECOME ALLERGIC TO NEOMYCIN.**
4. Adequate cleansing as described above will keep a thick scab from forming. A thick scab will impede wound healing. **DO NOT LEAVE THE CRYO-SURGERY/ BLISTER WOUND OPEN TO THE AIR.**
5. If severe inflammation (redness, warmth, tenderness or red streak) should occur, call the office immediately at (847) 674-1200.
6. Do not apply cosmetics, make- up removers, sunscreen or moisturizers to the areas until they have completely healed.